

Save the Date: October 11, 2016

Hulman Memorial Student Union

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5:30pm—7:30pm

Fun Walk and Activity Fair

We are excited to invite students, faculty, staff, and our community to learn more about all aspects of leading a healthy life because health is not one size fits all.

A FREE event for **EveryBODY** to learn about the 8 dimensions of wellness through fun activities and education opportunities for all ages.



Our Wellness Starts Today!

Hosted by the Indiana State
University Student Counseling
Center and Employee Wellness

For more information, please
contact Melissa Grinslade at
812.237.3939 or at
melissa.grinslade@indstate.edu

Indiana State University

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